

Green Organic Farm Shop (32)

Home grown organic potatoes and vegetables, fruit, meat, dairy and grocery products.

Open: Monday, Tuesday, Thursday, Friday and Saturday 9am-6pm.
Deliveries: Omagh area.
Contact: Camowen Green Organic Farm, 42 Camowen Road, Omagh BT79 0HA
t. 028 8224 2171
e. greenkee@talk21.com



Dig It and Eat It! (35)

By teaching participants about fruit and vegetable growing, and about improving one's diet, Dig It and Eat It! will hopefully bring a lasting change in lifestyle to the people involved. This new initiative focuses on a combination of diet and physical health as the key for well-being and fitness. The project involves four groups from four health trusts around Belfast for three years. The combination of physical activity, horticultural training and nutritional know-how will hopefully motivate these groups to continue cultivating their gardens even when the funding ends. All of the gardens and groups welcome visitors by arrangement (see contact details below).

Contact: Green Gym Project Officer, Conservation Volunteers Northern Ireland, Beech House, 159 Ravenhill Road, Belfast BT6 0BP
t. 028 9064 5169 / 07764655646
e. J.McGetrick@btv.org.uk
w. www.cvni.org/greengym/fruitandveg/

NICEworks (36)

NICEworks (Northern Ireland Community Environment Works) is a community environmental business which operates on strict principles of sustainability. It follows organic gardening principles, recycles waste and promotes sustainable practices through its environmental activities. It is a not-for-profit organisation, so profits are reinvested in social and community projects. Volunteer opportunities with NICEworks are open to all people aged 18 and over. Volunteers may undertake work on any of the environmental projects and placements can be office based, outdoors or a combination of both. NICEworks has two organic gardens (see community gardens and allotments) and they cultivate the walled garden on the Belle Isle Estate.

Contact: NICEworks, 15 Fern Valley, Killynure, Enniskillen BT74 6WA
t: 079719293970
e: info@niceworks.biz
w: www.niceworks.biz

Organic Development Advisers (34)

Organic Development Advisers from Greenmount Campus, College of Agriculture, Food and Rural Enterprise (CAFRE) provide information and advice on organic production to prospective and existing producers.

Contact: College of Agriculture, Food & Rural Enterprise, Greenmount Campus, Antrim BT41 4PU
t. 028 9442 6765
e. adrian.saunders@dardni.gov.uk
w. www.ruralni.gov.uk/organic



Cook it! (37)

Cook it! is a community-based nutrition education programme which enables important messages regarding healthy eating and food safety to be delivered to local people by local people. For example, trained tutors deliver a six week nutrition education programme within their own communities. Causeway Cook it! have launched a Cook it! allotment. Working in partnership with Kilcranny House, Coleraine, volunteers have created an allotment site with potatoes, onions, leeks, peas, beans, lettuce and other seasonal produce. Cook it! tutors can go along and pick some of the ingredients to use when cooking together.

Causeway Cook it!
Contact: The Fort Centre, Mountfern Complex, 8 Rugby Avenue, Coleraine BT52 1JL
t. 028 7034 7851
e. ruth.balmer@chsst.n-i.nhs.uk

Western Cook it!
Contact: Western Health Action Zone, Unit 13 Strabane Enterprise Agency, Orchard Industrial Estate, Orchard Road, Strabane BT82 9FR
t. 028 7188 0221
e. claire@westernhaz.org / shauna@westernhaz.org
w. www.westernhaz.org

Eastern area Cook it!
Contact: Community Nutrition and Dietetic Service, Iveagh Building, 67 Broadway, Belfast BT12 6HF
t. 028 9032 7103
e. cookit@nwb.n-i.nhs.uk

Southern area Cook it!
Contact: Southern Area Health Promotion Department, Admin Building, St. Luke's Hospital, Loughgall Road, Armagh BT61 7NQ
t. 028 3741 2424
e. cobrien@adsst.n-i.nhs.uk



Others

Arkhill Farm Centre (15)

(see Organic Box Schemes also)

Arkhill Farm Centre offers curriculum-linked teaching and its two and a half hour guided tour can be suitably tailored to your group's needs. The centre offers visiting groups full use of an education room, eating area, hand wash facilities, adequate toilet arrangements and full liability insurance. Children should be reminded that wellies and a rainproof coat are essential.

Cost: Minimum charge is £58 for a group or for groups over 20, £3 per child.
Contact: 25 Drumcoone Road, Garvagh BT51 4EB
t. 028 2955 7920
w. www.arkhillfarm.co.uk

Northern Ireland Organic Gardening Society (41)

The Northern Ireland Organic Gardening Society (NIOGS) is the local group of Garden Organic (HDRA) - the UK's national organic gardening society. NIOGS is for people who share an interest in organic gardening and related areas. There are monthly meetings with a mixture of indoor and outdoor events. New members are always welcome.

Contact: Ms Sandra Munro, Secretary, 54B Templepatrick Road, Ballyclare BT39 9TX
t. 028 9332 3421
e. talisker.lodge@btinternet.com
w. www.niogs.utvinternet.com

Mullan's Organic Farm (42)

Mullan's Organic Farm produces a comprehensive range of meat which is available through the North West Organics farm shop and box scheme. Mullan's stall in St. George's Friday and Saturday markets regularly sells chicken and duck eggs and a wide range of fresh seasonal meats (chicken, duck, turkey, spring lamb and Aberdeen Angus beef) from the farm butchery. Honey from the farm beehives, is also available. The Sperrin hillside farm, set on Keady Mountain, is also an active participant of the Countryside Management Scheme, consciously protecting a species-rich range of habitats on its land.

Contact: 84 Ringsend Road, Limavady BT49 0QJ
t. 07973776663 (farm) / 07736520703 (stall)
e. info@mullansorganicfarm.com
w. www.mullansorganicfarm.com



Irish Seed Savers Association (ISSA)

The best food is the stuff you grow yourself and ISSA can provide seeds and young fruit trees from rare and native varieties of fruit, grains and vegetables. All our produce is organic and grown in Ireland. We have 20 acres of heritage gardens and orchards open to the public Sunday-Friday inclusive, 12-5pm. All seeds and trees can be mail-ordered across Ireland, north and south. Contact us for seed/tree catalogues and membership details. ISSA is a registered charity.

Contact: ISSA, Capparoo, Scariff, Co. Clare.
t. 003536192866
e. info@irishseedsavers.ie
w. www.irishseedsavers.ie



In addition to the all-Ireland initiatives mentioned in this directory and the great work being carried out north of the border, the Federation of City Farms and Community Gardens also has several members in the Republic of Ireland. FCFCG is keen to offer support and advice to any Irish community-managed farm or garden.

Map Key

1. St George's Food Market
2. Causeway Speciality Market
3. Strabane Farmers Food & Craft Market
4. Tyrone Farmers Market
5. Walled City Market
6. Castlewellan Farmers Market
7. Colemans Garden Centre Farmers Market
8. North West Organic
9. Organic Doorstep
10. Rockvale Farm
11. Burrenwood Produce
12. Culdrum Organic Farm
13. Helen's Bay Organic Gardens
14. Churchtown Farm Organic Produce
15. Arkhill Farm Centre
16. Ards Allotments
17. Eglantine Community Garden
18. NICEworks—Belle Isle & Building Peace Through Our Shared Environment
19. NICEworks—Belcoo & Building Peace Through Our Shared Environment
20. NICEworks—Enniskillen & Building Peace Through Our Shared Environment
21. Mullaghmore & Castlevew Community Association (MACCA) Community Garden
22. Vista Allotments
23. Kilcranny House Ltd Community Allotment Scheme
24. The Prince of Wales Garden
25. Parkanaur Walled Garden
26. Kilcraggan Urban Farm
27. Mulkeeragh Farm Shop—Limavady
28. Mulkeeragh Farm Shop—Dungiven
29. Pheasants' Hill Farm Shop & Guesthouse
30. Pheasants' Hill Farm Shop & Butcher's Shop
31. McKee's Farm Shop
32. Camowen Green Organic Farm Shop
33. Crawfordsburn Country Park Environmental Educators
34. Organic Development Advisers
35. Dig It and Eat It!
36. NICEworks
37. Causeway Cook it!
38. Western Cook it!
39. Eastern area Cook it!
40. Southern area Cook it!
41. Northern Ireland Organic Gardening Society
42. Mullan's Organic Farm
43. Down-to-Earth
44. South Tyrone's Community & Schools Food Garden Project

Had enough of the city? Need some fresh air? Fancy a spot of digging? Feel like going green and meeting some like-minded people? Want to connect with real food produced locally? Want to make a difference by improving your local environment?

This guide gives you the chance to dig out green spaces and connect with real food in Northern Ireland: from your local farm shop to community garden.

All websites and email addresses correct at time of going to press, though some websites may still be under construction. This document and updates are available at www.farmgarden.org.uk and www.nienviromentlink.org. If you would like your project to be included, please contact us.

Northern Ireland Environment Link is the forum and networking body for organisations interested in the environment of Northern Ireland.

Northern Ireland Environment Link
89 Looopland Drive, Belfast, BT6 9DW
Tel: 028 9045 5770 Fax: 028 9094 2151
Email: info@nienviromentlink.org
www.nienviromentlink.org

The Federation of City Farms and Community Gardens supports, represents and promotes community gardens and farms in the UK. For further information about our work, or for advice and support on setting up a new community garden or farm, please contact us.

The Federation of City Farms and Community Gardens
Northern Ireland Office
c/o 21 Beech Grove, Blackhall Mill, Newcastle upon Tyne, NE17 7TD
Tel: 01207 562317 Fax: 01207 561317
Email: ireland@farmgarden.org.uk
www.farmgarden.org.uk

Supported by



Growing for life in Northern Ireland

A directory to help you connect with real food and community green spaces



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